## ChronoTrack D-Tag Instructions



**STEP 1**Remove tag from bib



STEP 2
Separate D-Tag from directions by tearing at "Tear Along Here"



STEP 3
Insert D-tag under laces where laces cross



**STEP 4**Form a CIRCLE by joining ends of D-Tag using adhesive tab



**STEP 5**Rotate D-Tag correct side up



STEP 6
DO NOT flatten! Round is good, flat is bad!

You do not need to return your D-Tag after the race!

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